

## Shen Crew Weekly Newsletter

### Upcoming Dates:

**April 1- 28<sup>th</sup>** – Flower Fundraiser sales- Documents on website

**April 10-28<sup>th</sup>** – Hoffman Car Wash Sales

**April 14** – Good Friday –No practice

**April 21** – US Rowing Waivers deadline

**April 17-21** – Spring Break Practice – All teams will practice

**April 26** – Chipolte Food Fundraiser 4:00 – 8:00

**April 29 & 30** – Saratoga Invitational Regatta

### US Rowing Waivers – Due by 4/21

As discussed at parent meeting, All online US Rowing Waivers must be completed prior to first race. Click this link: <https://membership.usrowing.org> ; Under individuals, choose member option and then sign waiver. You should have received an email with your child's member #. If not please contact Barb Brownhill for assistance at [bbrownhill@nycap.rr.com](mailto:bbrownhill@nycap.rr.com)

### Spring 2017 Race Schedule:

**Saratoga Invitational** (4/29-4/30, Saratoga Springs, Varsity, Frosh, Select Modified)

**Steinmetz Sprints** – Fridays in May Friday the 5, 12th, 19th and 26 (Modified only at practice times our boathouse)

**NYS Championships** (5/13-5/14), Saratoga Springs, Varsity, Frosh)

**Stotesbury Cup Regatta** (5/19-5/20, Philadelphia, PA, Varsity, Frosh) (Travel on 5/18)

**SRAA Nationals** (5/26-5/27), Camden, NJ, Qualifying Crews) (Travel and Practice on 5/25)

**Mod Champs** (6/3, Mechanicville, All Modified )

**USRowing Youth Nationals** (6/9-6/11, Sarasota, FL, Qualifying Crews only w/ Coach's Discretion)

### Spring 2017 Season Volunteer Link – We need more helpers:

Spring season has begun for Freshman/Varsity and Modified practice will begin on April 10th! Therefore...It's time to choose your volunteer job for the season. Each family is required to volunteer at least once during the season. Volunteering is mandatory.

For Freshman & Varsity parents – we ask you to consider taking a food tent job (bringing food or a leadership role) since you'll be attending all regattas so we can provide food correctly for the kids. These must get filled in order for food tent to run.

We are still in need of the following jobs to be filled – WE NEED HELP FILLING:

- **Regatta Food wraps/sandwiches (2 out of 3 spots open)**
- **Food Tent Set up Leaders**
- **Food tent AM captain for NYS Championships**
- **Boathouse duty – Monday, Tues and Wednesday**

Thank you for everyone who has taken one & two jobs already. If you have not or want to switch jobs, here is the link for spring season, please take a look and sign up as soon as possible so you get the job that fits you. It's open NOW for job choices and is first come first serve. <http://signup.com/go/UGuCyr>

### **Spring Break Practice Schedule- Yes both teams are practicing**

Spring break is the week of April 17<sup>th</sup>. There will be no school nor busing but due to the late start on the water the coaches would like to still hold practice. (If your child will not be attending, please have him/her tell their coach ahead of time for planning.)

Varsity & Freshman teams will practice Mon-Friday 8:00am – 12:00pm.  
Modified team will practice Mon- Friday 8:00 – 11:00am.

### **Call for Chaperones**

If you are interested in being a Chaperone for the Stotesbury Regatta and/or the SRAA Nationals please contact Jon Slepski by 4/20. Chaperones will help coordinate the lunches on site and help the coaches keep the kids organized at the races. All meals, bus ride and hotel room will be paid for by the team for those willing to chaperone.

[jonslepski@shencrewadmin.com](mailto:jonslepski@shencrewadmin.com)

### **Think Before you Tweet:**

A reminder that all members have signed the code of conduct which was included in the online registration packet and posted on website under board documents within the Safe sport policies; Shen Crew expects all coaches and athletes to represent themselves with honesty, integrity and character. The guidelines should be reviewed by all parents and rowers and all need to remember that matters brought to our attention of cyber bullying or inappropriate misconduct on Facebook, Instagram or twitter are covered under the bullying on internet provision listed below. Verified reports of strictly prohibited behaviors will be forwarded to the Shenendehowa School District DASA officer for further action.

- Athletes will not engage in the following activity/behaviors, either in person or over the internet, as these activities/behaviors are **strictly prohibited** by FOOSC and the US Rowing Safe Sport Program: Bullying, Hazing, Harassment (including sexual), Emotional, Physical, and Sexual Misconduct.

### **Flower Fundraising packets**

Flower Fundraising Packets for varsity parents unable to attend this past Saturday's Parent meeting were taken to the boathouse by Coach Mike, who will distribute them to your rowers. New or returning Modified parents who couldn't attend can pick up their Flower Packets from a Shen Crew box on the porch of the Crew Treasurer's house at 8 Gleneagles Blvd, Round Lake, off exit 11 of the Northway. Otherwise, any Modified Flower Fundraiser packets uncollected this week will be moved to the boathouse at the start of Modified training next week. Look for your labeled Flower Fundraiser packet inside a Shen

Crew Flower Sale box left on the boathouse desk. This is also where all parents will leave their completed order forms.

### **Clynk bottle redemption- All season**

Exciting news – Hannaford stated that Shen Crew is the #1 Clynk fundraising group in NY! Hannaford was filming Kids & parents during the parent meeting and will be highlighting Shen Crew and our success with this program. If you did not attend the meeting and need info on how to sign up for your personal account to go towards Shen Crew success, please email Barb Moore for information.

### **Food Fundraisers**

Once a month we have a “Food Fundraiser” at a local restaurant to help raise proceeds for our equipment fund. Please come out and support Shen Crew on **Wednesday Night, April 26th between 4pm and 8pm at Chipolte** in Clifton Park. Please spread the word and pass on to your family/friends/neighbors/anyone! Looking forward to seeing you there! Bring in this flyer, show it on your smartphone or tell the cashier you’re supporting the cause since 50% of the proceeds will be donated from Chipolte to Friends of Shenendehowa Crew from this event.

### **Monthly Board of Directors Meeting**

Monthly meetings are typically held on the third Tuesday of each month (unless school vacation weeks) 7:00 – 9:30 pm. While the meetings are open for all to listen, Public Comment period begins promptly at 7:00, ending at 7:30. All are welcome and encouraged to attend. Your input is a valuable source to continue to foster a positive nurturing environment and experience the tradition of Crew. (Meetings held in Gowana Café or Library, check location on the website and/or on top of this newsletter to confirm).

### **Liaisons can answer general qts:**

Modified: Gwen Friesen [gfriesen@hotmail.com](mailto:gfriesen@hotmail.com)

Varsity & Freshman : Jane Neidhart [jfndvm@earthlink.net](mailto:jfndvm@earthlink.net)

**Please do not reply to this message. Replies to this message are routed to an unmonitored mailbox. If you have questions please go Shen crew contact page for the appropriate recipient and/or email your liaison above.**

[www.shencrew.com/contact.php](http://www.shencrew.com/contact.php)

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