

## **Upcoming Dates:**

**March 4** – Mohawk Meltdown

**March 6** – Freshman/Varsity Spring Season begins – **Online Registration now open!**

**March 18** – Freshman/Varsity – Erg-a-thon @ healthplex – stay tuned for details

**March 21** - Board Meeting – 7:00 Gowana Library

**March 22** – SPAC Summer Concert training

**April 10** – Mod Spring Season begins - **Online Registration now open!**

Note – Newsletters will move to every other week during winter season

## **Mohawk Meltdown for Mods**

Mohawk Meltdown will be held at Niskayuna High School. Flyers were handed out at Mod Winter Crew sessions. For Mods interested in participating, please visit regatta central website to register and for race times– registration ends 2/28! If questions, please contact Coach Sarah or Coach Dave.

## **Food Tent Committee – asking for volunteers:**

We are looking for volunteers to help re-organize how we handle the food tent. Key questions to tackle:

- how do we want to handle shopping
- what jobs do we need
- tent responsibilities
- what approach should we take for overnight travel regattas
- food allergy awareness
- menu planning

It is expected that the committee will first meet in early March, with follow-on meetings as-needed to work through the overall details. If you want the food tent to continue, please come help us plan. Contact Jon Slepski if interested

[jonslepski@shencrewadmin.com](mailto:jonslepski@shencrewadmin.com)

## **Spring Crew Registration time**

*Online registration for all teams has begun and first payments are already due!*

*Please visit Shen crew site and click on registration tab to hold your child's spot on the team.*

**HS athletes:** All students should be registered by 3/6/17. Spring pricing has been set at \$830 (spread over 3 payments) for the season and includes tuition, bus transportation to practice, local regatta fees, and includes a 2 day travel regatta to Stotesbury; as always; rowers/coxswains who qualify for select regattas occurring after Stotesbury may incur additional fees.

Practice will start at Healthplex and weather will determine the shift to the boathouse.

**MOD athletes:** Spring Season Starts Monday, April 10th. Reminder the Winter Training season for Mods runs Jan 3<sup>rd</sup> – March 24<sup>th</sup> and there is a two week break for Modified between seasons. Mod Spring Registration is now open. Please use the link on the Registration page and register your rower. This is a CHANGE from previous years: each season will require online registration to generate rosters. But we think you'll find it is much easier than filling out the paper forms, even just once, so please register your rower now. Mod Spring 2017 price is \$490. First payment of \$300 is due on Friday, March 31st, and the final payment of \$190, plus any buyouts, will be due on Friday, April 28th.

For all rowers: Payments should be mailed to FOSC c/o Nancy Paulsen, 8 Gleneagles Blvd, Malta, 12019; there is also a box on the front porch if you'd prefer. Once the boathouse opens for spring practice, the lockbox will be available for payments. Thanks for your timely payments!

### **Stotesbury Regatta (Varsity & Freshman):**

We will be traveling to the Stotesbury Cup Regatta in Philadelphia May 18-20. Parents who are interested in reserving rooms may use the following link to obtain the Shen Crew Link (Must book by 4/27/17): [Book your group rate for Shen Crew Parents](#)

### **SPAC Summer Concerts – Training session announced**

Shen crew will be participating in the SPAC summer concert program again this summer (June, July, August & Sept) where parents will be manning the concession stands during live nation events and all proceeds will go towards the Shen Crew equipment fund for 2018 purchases. The club would receive either \$9.50/hr/person or 10% of the sales, whichever is greater. It's a great deal for us and for SPAC, who not only get reasonable labor but also a tax break for working with non-profit groups, a true win-win scenario. A full list of concerts and sign up will come later this season. WE NEED AS MANY PEOPLE AS POSSIBLE TO VOLUNTEER! (Note – last year Shen Crew earned over \$7,700k for the equipment fund by participating in these events.)

**New SPAC Volunteer Training** is on March 22, 6:00pm – 8:30pm at St. Edwards Church in Clifton Park. Those who had successfully completed the training last year (spring 2016) are not required to attend. Since last year was our first year only new SPAC volunteers will be required to train. There will be multiple organizations attending the training which is mandatory to work for Legends/Live Nation/SPAC.

### **President's Volunteer Service Awards Program**

With the start of a new year we wanted to remind everyone of a program that all Shen Crew members are eligible to participate in. Examples of how to quality would be if you volunteer at your church, for The Captain Family service org, a Food Kitchen, or during summer volunteer to help coaches with summer rowing program – it all counts! You may already be volunteering for the National Honor society at these types of organizations so why not get credit here too?! Presidential recognition sets you apart from your peers. For Teens age 11-15: Bronze medal is 50-74hrs, Silver 75-99hrs and Gold medal is 100+ hours. We present and recognize award winners at the Fall Banquet since hours run from Oct 1- Sept 30<sup>th</sup> each year. This is something the students can put on their transcripts when applying to college so we'd love to have more members get involved. Past winners have been: Virginia Partlow (Gold 2014, 2015 & 2016) and Brenna Hanratty (Bronze 2016). We want to add more members to the list. To learn more please check out the website at <http://www.presidentialserviceawards.gov/>

It's as easy as 1-2-3:

1. [Register](#) and complete a profile.
2. Enter the Shen Crew ROS key **TVB-62146** to link your profile to our program.
3. Record your volunteer hours and activities to track your progress towards a bronze, silver, gold, or Lifetime Achievement President's Volunteer Service Award.

### **Clynk bottle redemption**

Clynk is our replacement for the bottle drive! No more massive sorting days -- Hannaford's program is like a continuous bottle drive. Everyone who attended the fall banquet got a packet of 5 bags and tags, instructions, and some flyers to put on

mailboxes. More flyers can be downloaded from the webpage -- check the Fundraising page. If you need more bags and tags, contact Nancy Paulsen ([receivables@shencrewadmin.com](mailto:receivables@shencrewadmin.com)) to arrange to get more.

### **Monthly Board of Directors Meeting**

Monthly meetings are typically held on the third Tuesday of each month (unless school vacation weeks) 7:00 – 9:30 pm. While the meetings are open for all to listen, Public Comment period begins promptly at 7:00, ending at 7:30. All are welcome and encouraged to attend. Your input is a valuable source to continue to foster a positive nurturing environment and experience the tradition of Crew. (Meetings held in Gowana Café or Library, check location on the website and/or on top of this newsletter to confirm).

### **Liaisons can answer general qts:**

Modified: Gwen Friesen [gfriesen@hotmail.com](mailto:gfriesen@hotmail.com)

Varsity & Freshman Boys: Jane Neidhart [jfnpta@nycap.rr.com](mailto:jfnpta@nycap.rr.com)

Varsity & Freshman Girls: Bridget Lennon [bridlenn96@gmail.com](mailto:bridlenn96@gmail.com)

**Please do not reply to this message. Replies to this message are routed to an unmonitored mailbox. If you have questions please go Shen crew contact page for the appropriate recipient or email your liaison above.**  
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