

Upcoming Dates:

January 17 – Board Meeting – Cancelled

January 28 – Recruiting Day at Clifton Park Mall 11:30-1:30

February 14 – Board Meeting – 7:00 Gowana Library

February 19-20 – Modified & Masters Tanks trip – RSVP due by 1/20/17

Note – Newsletters will move to every other week during winter season

February Break Modified and Masters Tanks Trip – Last Call!! :

Shen Crew will once again be traveling to the Pittsford Rowing Center to partake in 2 days of training during February break. This is a great opportunity for modified and masters rowers to learn better technique while getting hands on coaching in PIRC's modern indoor rowing tanks. The estimated cost is \$150/rower, depending on the number of rowers. The dates are Sun/Mon Feb 19-20. **We need RSVP by Jan 20th**. If we do not have a few more join the trip we will need to cancel. Please contact jonslepski@shencrewadmin.com ASAP if interested.

Clynk bottle redemption

Clynk is our replacement for the bottle drive! No more massive sorting days -- Hannaford's program is like a continuous bottle drive. Hannaford is now matching all Clynk bags that are donated to Shen Crew. For every \$1.00 to our account, Hannaford will add 50 cents. That means that every returnable item is worth 7.5 cents -- the same as when we sorted them. If every Shen Crew family collected just 4 bags worth \$2.50 each, Shen Crew could earn about \$1500 in no time! Take advantage of the match and the holiday party season. Everyone who attended the fall banquet got a packet of 5 bags and tags, instructions, and some flyers to put on mailboxes. More flyers can be downloaded from the webpage -- check the Fundraising page. If you need more bags and tags, contact Nancy Paulsen (receivables@shencrewadmin.com) to arrange to get more.

Recruiting Week – January 24-28th

Recruiting is an important part of Shen Crew growth and success. There are two events planned for January. Next week, during Regents 1/24, 25 & 26th Coach Sean will be asking Varsity athletes to go to the Middle schools with the ergs during Middle school lunches to demonstrate & talk about the sport of rowing. We are also looking for athletes & a few parents to volunteer on Sat 1/28th to talk with people and assist with the ergs at the Clifton Park mall near the theater 11:30 – 1:30. Please tell all your friends and help us get the word out!

**If you can help, please email Coach Sean seanobrien@shencrew.com and Nancy Paulsen receivables@shencrewadmin.com.

Spring Crew Pricing for High School Crew

HS athletes: Spring pricing has been set at \$830 (spread over 3 payments) for the season and includes tuition, bus transportation to practice, local regatta fees, and includes a 2 day travel regatta to Stotesbury; as always, rowers/coxswains who qualify for select regattas occurring after Stotesbury may incur additional fees.

- 1st payment: If your athlete has participated in winter training, your initial payment of \$275 is due on Monday, 27 Feb. If your athlete is returning after one or more seasons away, your first payment of \$425 is due on Monday, 6 Feb.
- 2nd payment: \$325 for winter participants, \$275 for spring only. Due date: Monday, 27 Mar
- Final payment: \$230 for winter participants, \$130 for spring only. Due date: Friday, 28 Apr
- ALL BUYOUTS DUE 28 April.

We intend to release the Mod spring pricing next month. Summer pricing will be set and released April 1st for advance notice and planning.

Monthly Board of Directors Meeting

Monthly meetings are held on the third Tuesday of each month 7:00 – 9:30 pm. While the meetings are open for all to listen, Public Comment period begins promptly at 7:00, ending at 7:30. All are welcome and encouraged to attend. Your input is a valuable source to continue to foster a positive nurturing environment and experience the tradition of Crew. (Meetings held in Gowana Café or Library, check location on the website and/or on top of this newsletter to confirm).

Liaisons can answer general qts:

Modified: Gwen Friesen gfriesen@hotmail.com

Varsity & Freshman Boys: Jane Neidhart jfnpta@nycap.rr.com

Varsity & Freshman Girls: Bridget Lennon bridlenn96@gmail.com